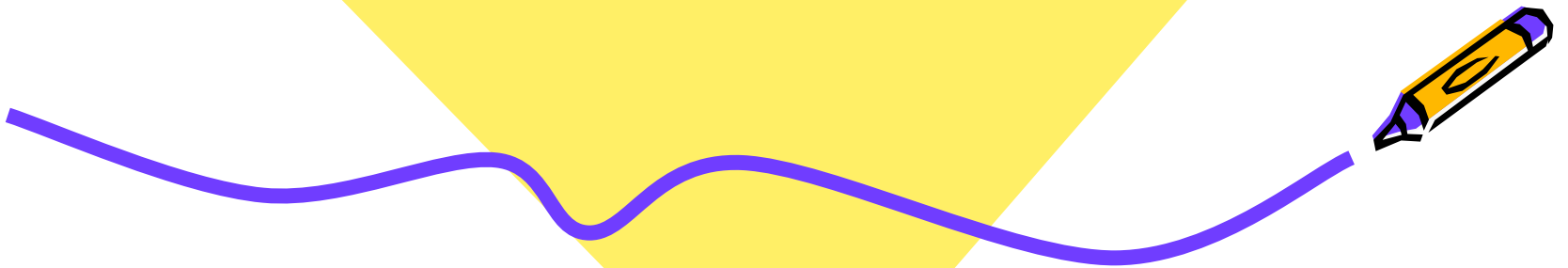


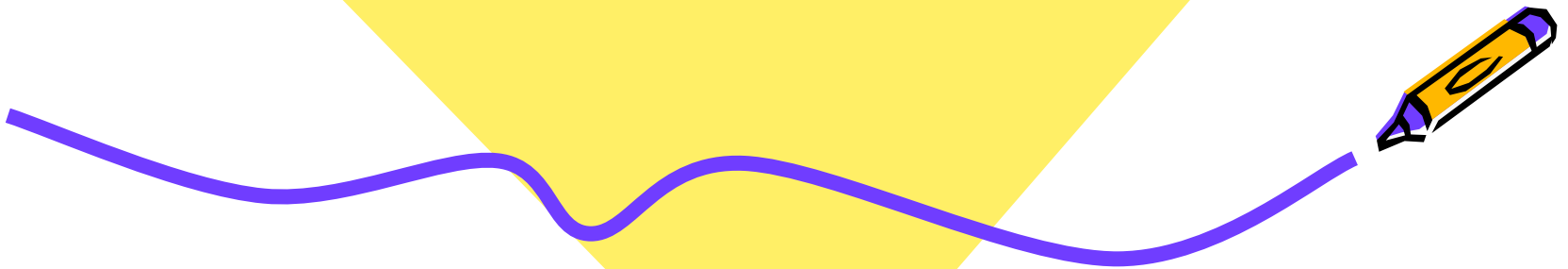
# Accountable Talk & Body Language!!

It's NICE to be NICE!





What is Accountable  
Talk?

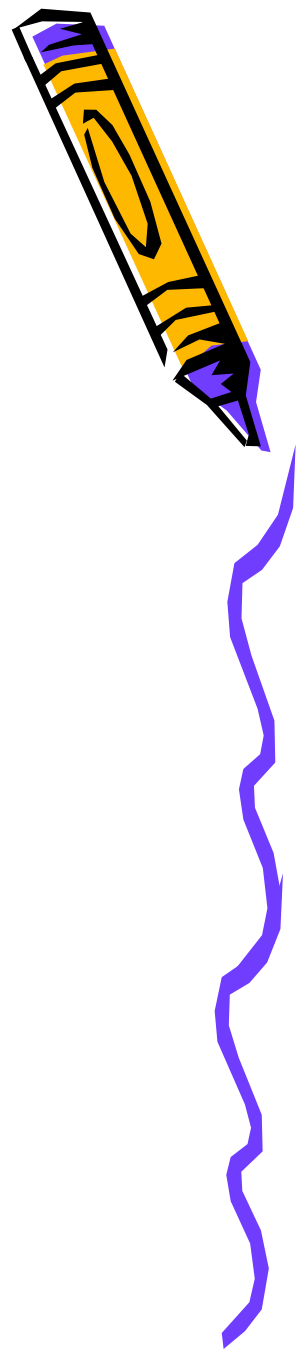




A way of talking to people  
respectfully, and politely



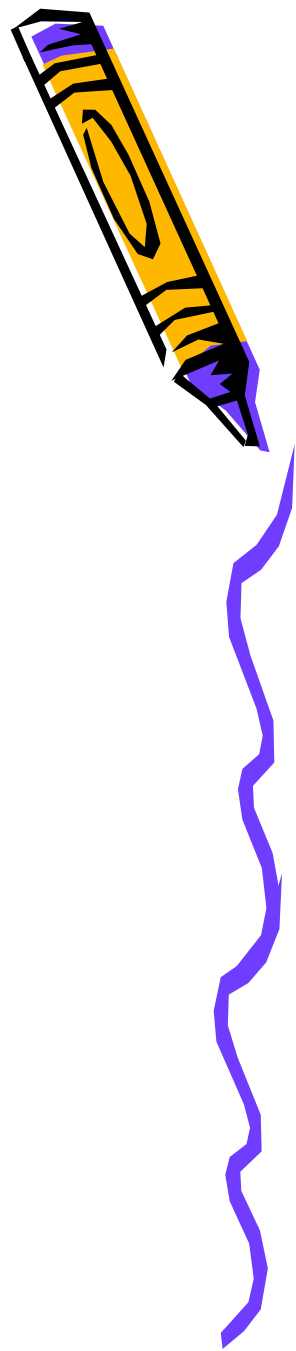
# What is Accountable Talk?



- Respectful
- Nice
- Polite
- Engaging
- Warm
- Thoughtful
- Graceful
- Smart
- Intelligent
- Empathetic
- High Class

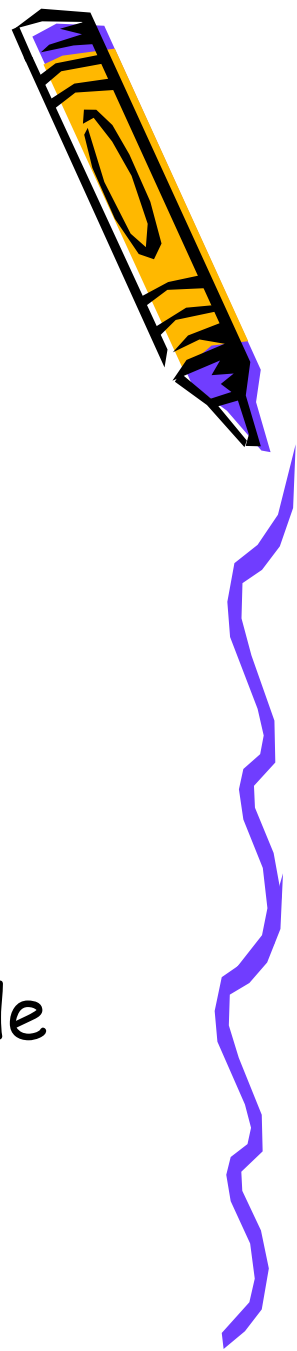


# Examples of Accountable Talk



- Yes, I agree.
- Thanks for your opinion!
- Very well said.....I also think that.....
- Would you please give me an example to clarify my/your thinking?
- That's a great point!
- Thanks for bringing that up, you've reminded me of .....





- I can add to that. I am wondering ...
- My partner and I were thinking ...
- That's very clever! Well done!
- Yes, AND .....
- I don't necessarily agree but maybe we could come to some kind of solution/agreement
- That's so interesting, you've really made me think about.....



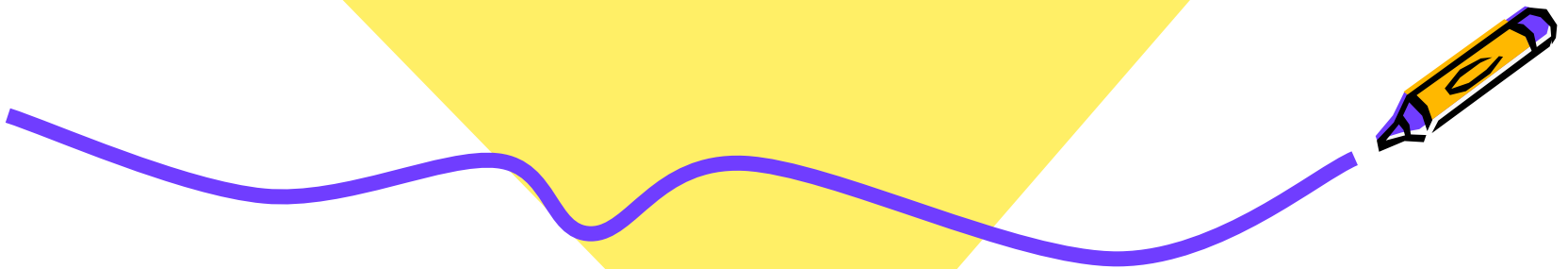


- Thanks for pointing that out. I don't think we ever would have thought of that.
- I respectfully disagree. My/Our thinking is that
- I agree with what s/he said. It links to my/our thinking ...
- That's an interesting point. I think it might be a little different though.....It could be that....
- Could someone say it in a different way to help me understand?





**Why is Accountable  
Talk Important?**

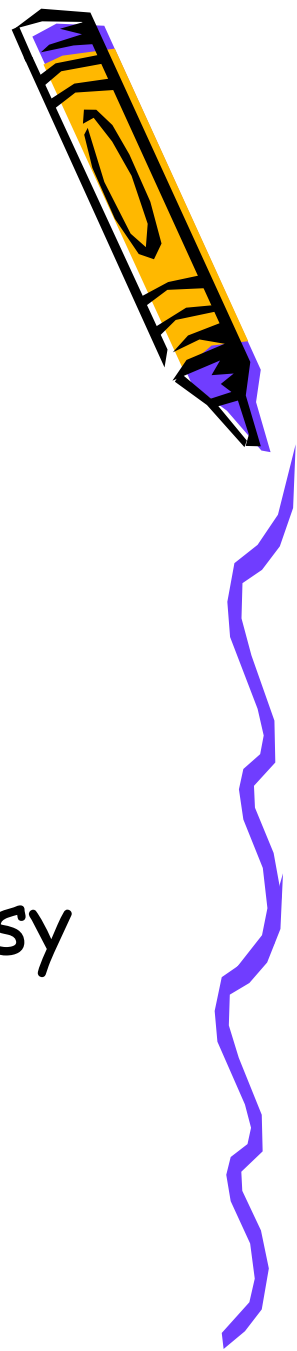


# Why is Accountable Talk Important?



- If you really need something you are more likely to get it by being polite/nice than by being mean or impolite
- In life, you get what you give





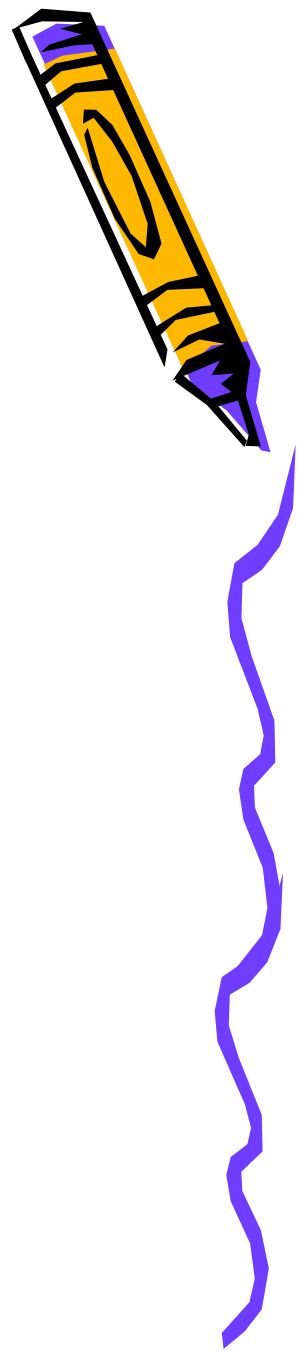
- It's nice to be nice
- It makes people feel valued
- It makes people feel important
- It makes you friends
- It makes you look smart/kind/classy
- It makes people like you





What is Unaccountable  
Talk?

# What is Unaccountable Talk?

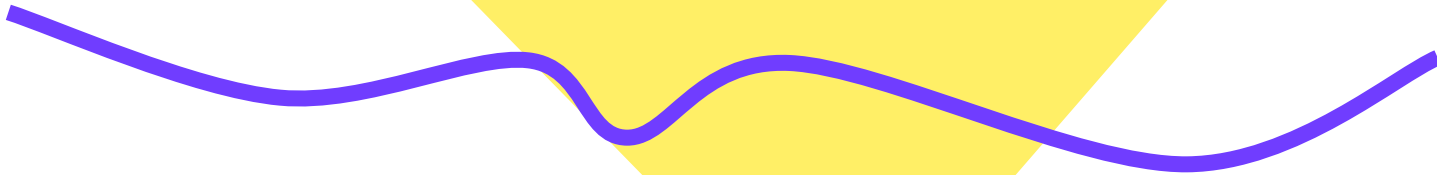


- Impolite
- Disrespectful
- Mean
- Low class
- Rude
- Not very smart
- Unthoughtful





# Examples of Unaccountable/Impolite/ Disrespectful Talk

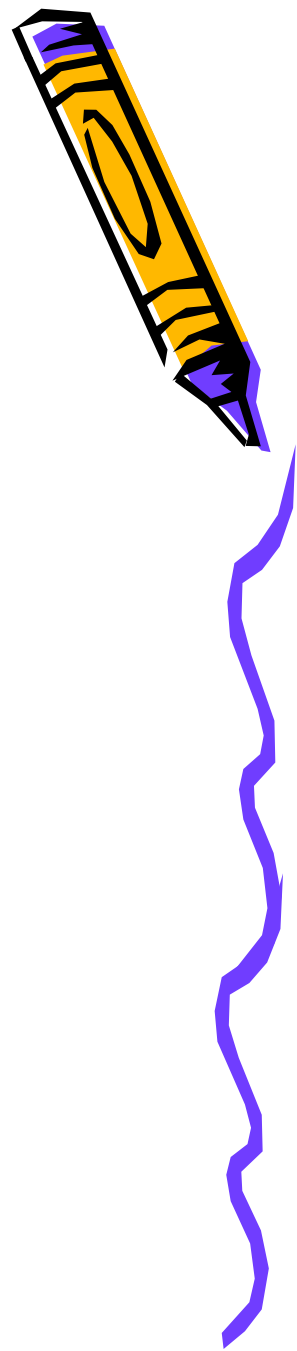


- Talking over people
- Interrupting
- Not listening

**Saying:**

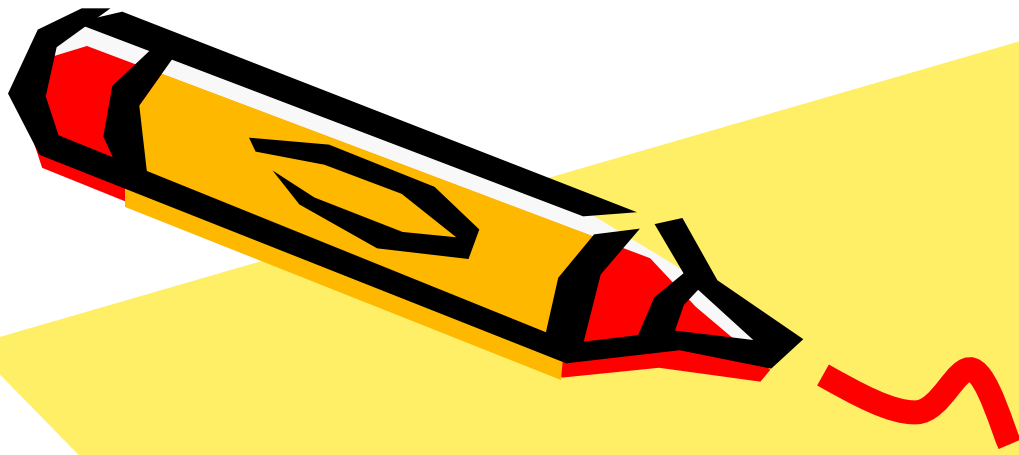
- That's dumb/stupid/crazy!
- That **stinks!**
- So *WHAT?* I don't care!!
- Who *cares!*!
- Oh yeah, well, What **I** would do is..
- That's sooooooooooooo..... booooooooooring.
- I don't get it. It doesn't make sense!!



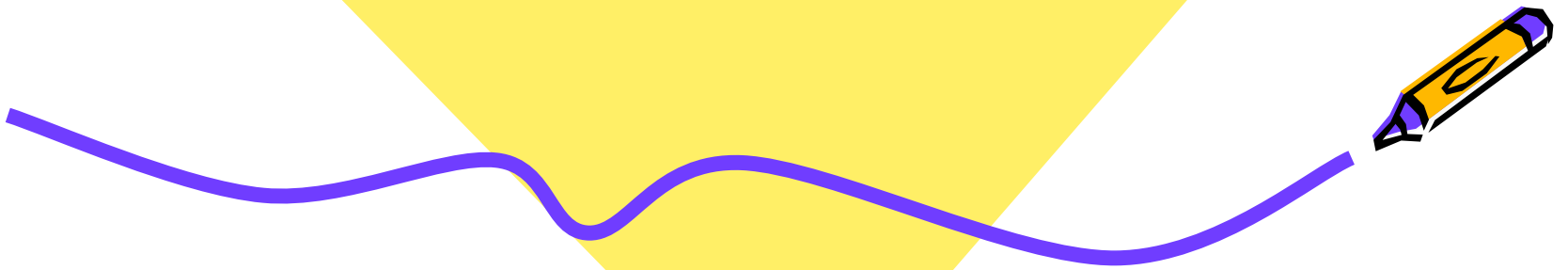


- I have a *real problem* with that.
- I have a *real issue* with that
- Haven't *you ever* thought about ...?
- Yeah, **WHATEVER!**
- *Yeah, BUT.....*
- Talk to the hand!
- Talk to the back.....the hand is busy!



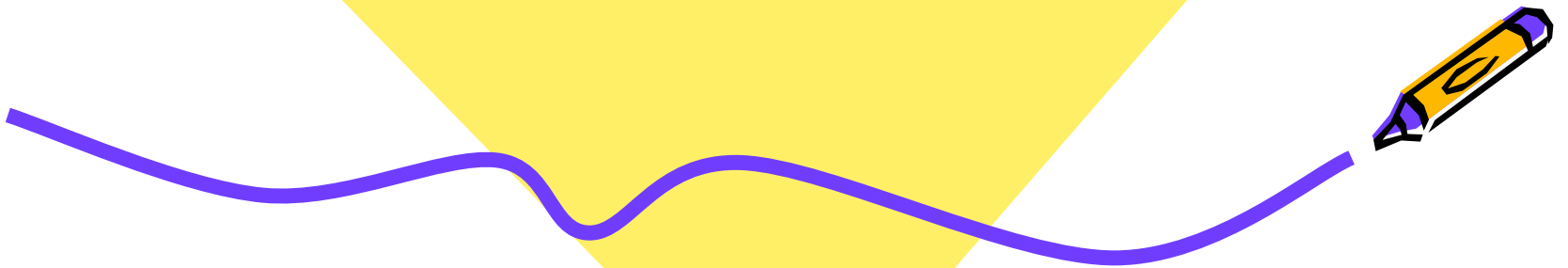


# Body Language



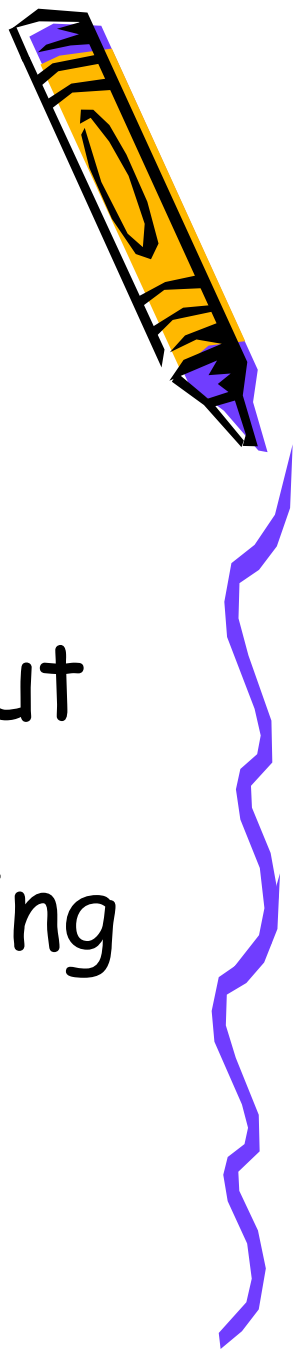


What is Body  
Language?



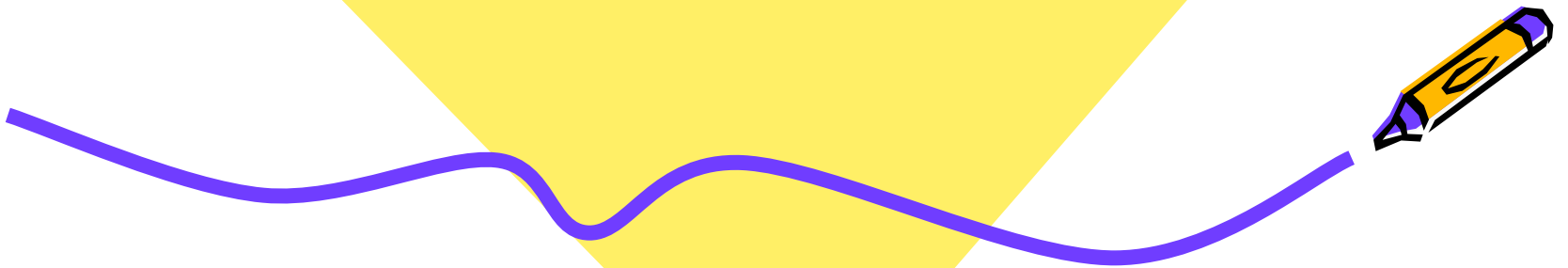
# What is Body Language?

What **YOUR BODY** says about  
what **YOU** are thinking  
without **YOUR MOUTH** saying  
it.

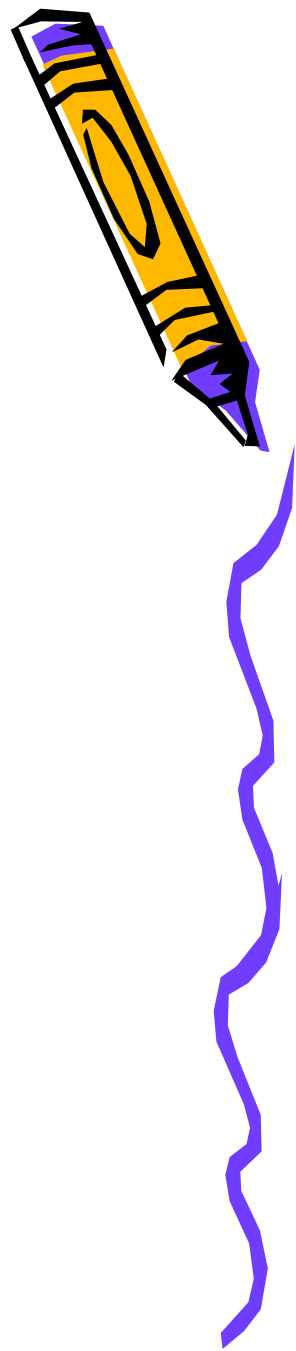




Why is Body Language  
Important?

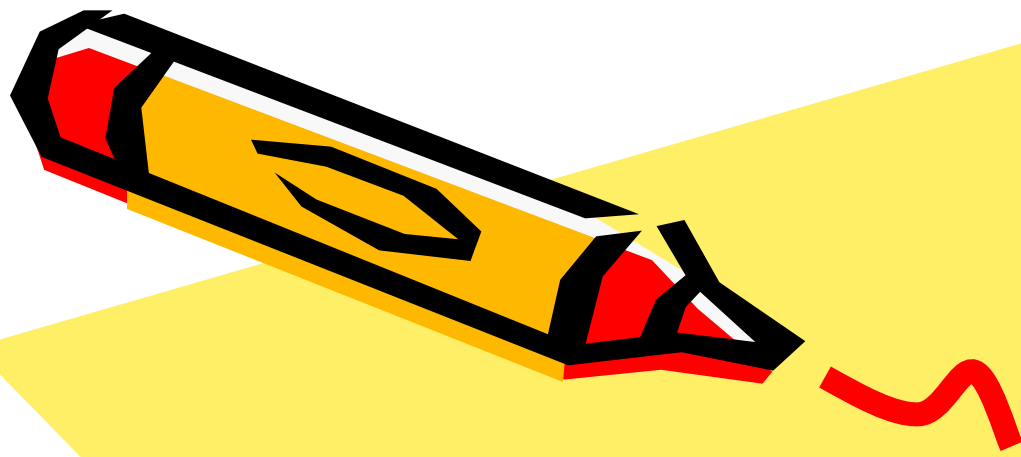


# Why is Body Language Important?

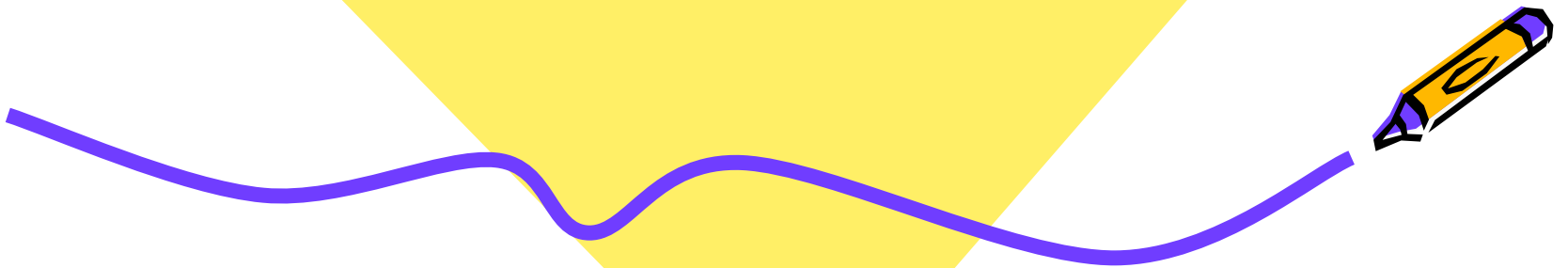


- It puts people at ease
- It makes people like you
- It tells people what you are really **THINKING** even if you are not **SAYING** it



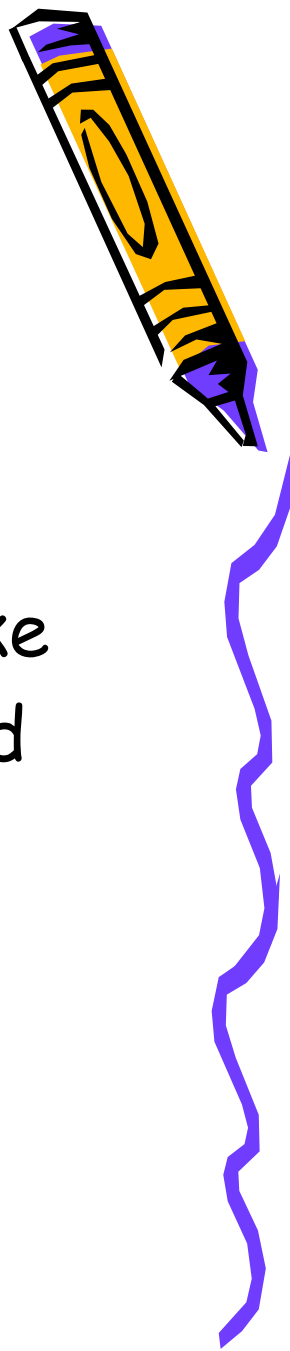


# Examples of Positive Body Language



# Examples of Positive/Respectful/Polite Body Language

- Open arms
- Arms to side
- Smiling
- Eye contact
- Listening
- Warm handshake
- Eyebrows raised
- Nodding head
- Calm voice





# Examples of Negative Body Language

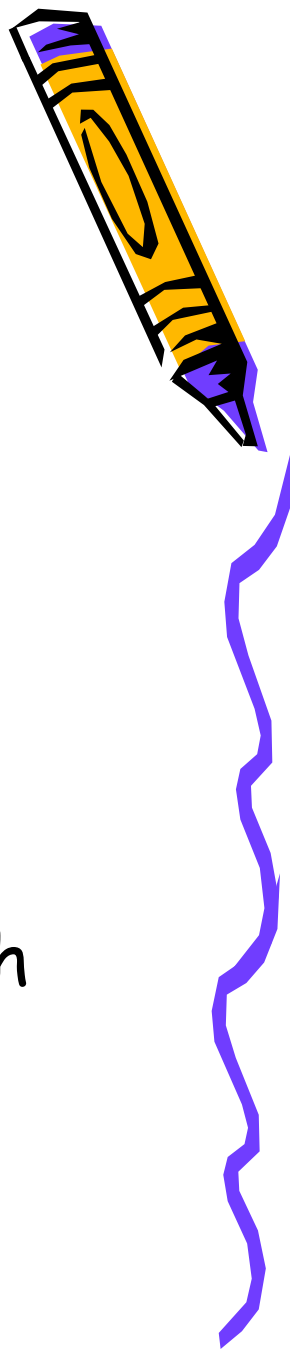
# Examples of Negative/ Dis-respectful/Impolite Body Language

- Frowning
- Looking away
- Arms folded
- Back turned
- Sighing
- Laughing at what the person said

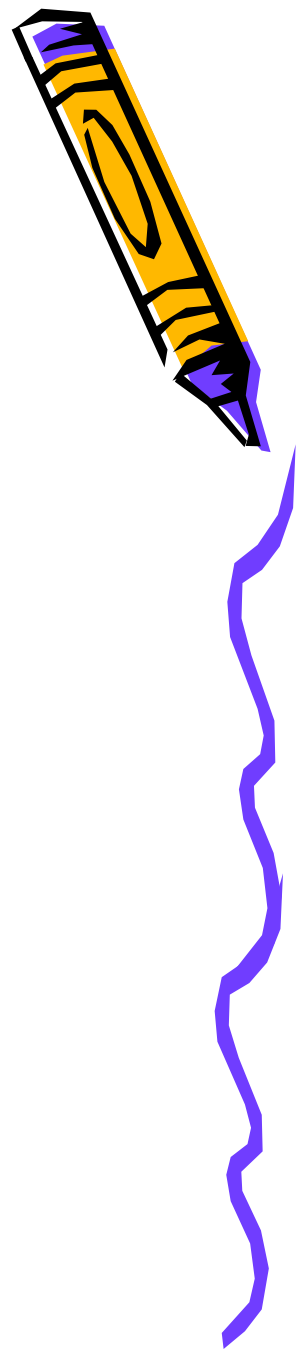




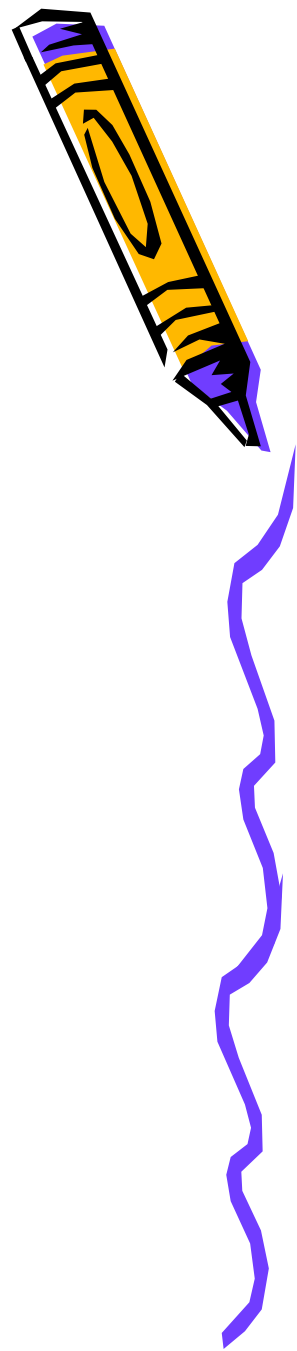
- Tapping fingers
- Rolling eyes
- Flaring nostrils
- Glaring
- Tapping foot
- Looking at watch

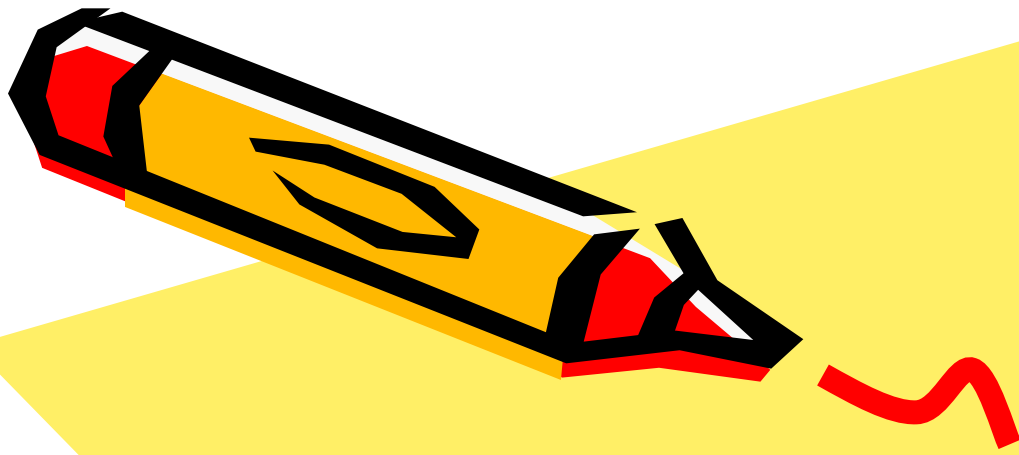


- Rolling eyes
- Flaring nostrils
- Glaring
- Tapping foot
- Looking at watch
- Looking over the other person's shoulder at something else



- Yelling/screaming
- Red in the face
- Lips curled
- Teeth bared





How would you feel  
if.....

